



A manager's guide to using the retailTRUST collateral



We work with retailTRUST to provide emotional, physical, vocational and financial wellbeing services. From face-to-face and telephone counselling, through to guidance and non-repayable grants, retailTRUST offers a range of services to support the wellbeing needs of you and your colleagues. Their free and confidential wellbeing services are available around the clock.

Please find enclosed a selection of materials to promote wellbeing within your team:

- retailTRUST wallet cards.** One to be given to each employee.
- Guide to our services.** For colleagues who would like more information about the support available.
- retailTRUST overview posters.** Place on the back of toilet doors and on notice boards in staff areas.
- Guide to using your wellbeing site.** For individuals who would like more information about myrtwellbeing.org.uk
- Wellbeing site posters.** Place on the back of toilet doors and on notice boards in staff areas.
- Critical incident booklets.** To be made available for managers.
- Counselling guides.** For colleagues who wish to find out about the retailTRUST counselling services.
- Managing stress guides.** For individuals who would like more information about managing stress and building resilience.

For digital collateral, please visit

retailtrust.org.uk/downloads

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